

Chronic Allergic Bronchitis

Krishna Gopat

Tel No [REDACTED]

I have been suffering from chronic allergy for a very long time. This means itchy eyes that get red and starts to water, dry cough that becomes asthmatic.

Situations that triggered this were old dusty blankets, ration shops, dusting at home etc. As time went by the condition started to worsen and more things got added to the list. Insecticide sprays, chemical smell, strong perfumes, analgin etc etc. Asthmatic attacks became frequent. I had to take cetizine to remedy the situation.

I chanced upon Dr. Mehra by accident. First meeting with him was to say the least odd. But he also was strangely confident about curing me. Odd? Because like an eccentric Parsi he has a number of dos and don'ts. This could at times put you off. But I stuck with him and his medicines. At Rs 750/- a month he was by no means cheap either. But his medicines seemed to work for me. At ~~the~~ the end of almost 18 months I firmly believe that I don't experience the symptoms anymore. In fact I have been a bit irritable over the past 2 months and yet have not seen the symptoms. I believe I am cured to a 90-95% extent.

Further, Dr. Mehra's personal inputs on good health practices are unique. I don't think many doctors go through this detailing to help a patient recover.